

About

Girl Power Day began when in consultation with all the Rotherham Special Schools there was a recognition 15 years ago that opportunities for girls within PE and sport seemed limited either due to opportunity or confidence and belief from the girls.

Alongside our Youth sport Trust work on 'Find Your Tribe' a program aimed at understanding Girls sporting experiences and opportunities, we invited mainstream and special school girls to take part in a day of fun and sporting empowerment for girls.

Run entirely by the Girls themselves it has always been a highlight of our sporting calendar that we coincide with Children IN Need every year. This allows our mainstream friends to give to and support girls less confident than themselves.

Girls always say the best part of the day is always 'Paint the Teacher' which allows a shared sense of joy and togetherness.

